8<sup>th</sup>

**HEPATOLOGY & GASTROENTEROLOGY** 

**POST GRADUATE COURSE** 

**DECEMBER 10-11, 2015** 

WWW.EGYPTGASTROHEP.COM















**ESTIP** 





**EGYPTIAN WORKSHOP ON THERAPEUTIC ENDOSCOPY** 

**DECEMBER 12-13, 2015** 

**CONRAD HOTEL, CAIRO, EGYPT** 











Welcome Address		2
General Information		4
International Facult	У	6
National Faculty		7
Workshop Teams - V	Vorkshop Board - Executive Board of ESTIP	8
Scientific Program	(Thursday, December 10, 2015)	9
Scientific Program	(Friday, December 11, 2015)	12
Scientific Program	(Saturday, December 12, 2015)	14
Scientific Program	(Sunday, December 13, 2015)	16
Acknowledgment		18
Contacts		19

## WELCOME

Dear Colleagues,

It is of my great pleasure to welcome you to our events:

- The 8<sup>th</sup> Hepatology and Gastroenterology Post Graduate Course endorsed by the American College of Gastroenterology (ACG) and in collaboration with the World Gastroenterology Organization (WGO).
- The 17<sup>th</sup> Egyptian Workshop of Therapeutic GI Endoscopy endorsed by the American Society for Gastrointestinal Endoscopy (ASGE), European Society of Gastrointestinal Endoscopy (ESGE) and World Endoscopy Organization (WEO).

The attendees will learn from internationally known experts and rising stars in the field of gastroenterology and hepatology who will deliver the latest cutting edge of information based on evidence based approach.

During the **live Therapeutic Endoscopy Workshop**, on Saturday, Live Endoscopy will be video broadcasted **from** Air Force Specialized Hospital **to** the auditorium, and on Sunday, Live Endoscopy will be video broadcasted **from** Al Rajhy Hospital, Assiut University **to** the auditorium in the congress venue.

Through the **Hands-On Training Course, twelve stations working along six sessions** using most recent training technology in the field of diagnostic and therapeutic procedures in Endoscopy.

## 2015

## WELCOME

We all promise you the most exciting Hepatology, Gastroenterology and Endoscopy meeting of 2015. We look forward to welcome our friends and colleagues from Africa, the Middle East, Europe, America and the Asian Pacific Region; we have so much to contribute together through the International fellowship of Medicine.

Cairo is an outstanding venue for our meeting and the Conrad International Hotel is situated near the City Centre. All the social, cultural, recreational and gastronomic attractions of Cairo are easily accessible.

I appeal to all participants to become active and enthusiastic contributors to our events. Joining forces to ensure that it is the best educational event ever! We are all working very hard to make sure that the meeting will exceed all your expectations.

Best Regards,

#### Scientific Course Director

Ibrahim Mostafa State Merit Award in Medical Science MD, PhD, FACG, Master WGO, FRCP (Glasq)

## INFORMATION

4

#### Venue for the Audience

Conrad International Hotel, Cairo, Egypt 1191 Corniche el Nil, Cairo, 11221, Egypt Tel.: +20 2 2580 8100 / Fax.+20 2 2580 8181

#### Language

English is the official language of the course.

### **Registration Desk**

Located at Conrad Hotel Foyer.

Working hours: Start at 8:30 am up to the end of scientific program.

### **Registration Includes:**

- · Administration to scientific program
- · Course bag & kits

· Certificate of attendance

· Coffee breaks, snacks and meals

#### Name Badges

Participants are requested to wear their name tags all time during the event.

#### **Exhibition**

An exhibition of pharmaceutical and technical equipment companies is organized at Conrad Hotel.

### **Transportation**

Shuttle bus service is available every one hour between Ramses Hilton Hotel and Conrad Hotel, the venue of the event, starting from 8:00 am up to the end of scientific program.

Kindly wait at the main front door of the hotel exactly in time, as the buss can stay only for 5 minutes to pick up the guests.

## 1NFORMATION

#### **Tourist Programs**

- Tourist program within Cairo during the PG Course & Workshop days.
- Post Workshop tours to Luxor & Aswan, Sharm El-Sheikh and Hurghada. For more information, Kindly contact the travel agent desk at the foyer.

### Currency

The official currency in Egypt is the Egyptian Pound.

• 1 US\$ = 8 L.E. • 1 Euro = 9 L.E. (Approximately)

#### Climate

The weather is expected to be sunny in the early morning, average temperature is 20-22 °C slight cooler in the afternoon, wearing overcoats is recommended at night.

#### Credit Cards

Visa, MasterCard and American Express are generally accepted in most hotels, famous shops and restaurants.

#### ATM's

Automatic transactions (or teller) machines are common in most hotels It is advisable to make sure that your card is compatible, by checking with your bank before leaving home.

# FACULTY INTERNATIONAL

	Sameer AL AWADHI UAE	Daniel BLERO Belgium		Vincent HUBERTY Belgium
	Jorg ALBERT Germany	Ferruccio BONINO Italy		Mostafa IBRAHIM Belgium
	Abdulla ALHASSANI UAE	Ivo BOSKOSKI Italy		Hatem KHALAF Qatar
	Maryam ALKHATRY UAE	Jacques DEVIÈRE Belgium		Arnaud LEMMERS Belgium
紫溪湖	Abdulrahman ALJEBREEN KSA	Joost DRENTH Netherland	*	Assaad SOWEID Lebanon
<b>爱深刻</b>	Majid AL MADI KSA	Suliman FEDAIL Sudan		James MARION USA
	Marianna ARVANITAKI Belgium	Marc GIOVANNINI France		Mahmoud OMAR Kuwait
	Marc BARTHET France	Michael HAFNER Austria		Khaled SELIM USA

# 2015 FACULTY NATIONAL

幽	Ahmed ABD EL-AZIZ Egypt	121	Amr EL-FOULY Egypt	<u>M</u>	Hossam GHONIEM Egypt
PA	Ayman ABD EL-AZIZ Egypt	N/S	Mohamed EL KADY Egypt	19.	Enas MOGAWER Egypt
幽	Mohamed ABD EL-HAMID Egypt	PAI	Ahmed EL MIKKAWY Egypt	P.	Mohamed MOHEY Egypt
20	Mohamed AL NADY Egypt	PM	Tamer EL NAHAS Egypt	PA	Ibrahim MOSTAFA Egypt
221	Ahmed AL ZAMZAMY Egypt	POS	Mohamed EL REFAIY Egypt	PXI	Ashraf OMAR Egypt
25	Tamer ELBAZ Egypt	PM	Maali ELSAWY Egypt	PA	Ahmed RASHAD Egypt
125	Khaled AMR Egypt	POS	Gamal ESMAT Egypt	121	Wael SAFWAT Egypt
<u>P</u>	Faheem BASSIOUNY Egypt	PAI	Ahmed GALAL Egypt	PA .	Hany SHEHAB Egypt
<u>N</u>	Hany DABBOUS Egypt	123	Mohammed KHORSID Egypt	<u>k</u>	Waleed SOLIMAN Egypt

## WORKSHOP TEAMS

### SATURDAY, DECEMBER 12, 2015 AIR FORCE SPECIALIZED HOSPITAL

#### **General Director**

Bahaa ABBAS

#### **Medical Director**

Khaled AWEDA

## **Hospital Team**

- GIT
- Mahfouz AHMED (Chair of the Department)
- Wael SAFWAT
- Hanv SHEHAB
- Hesham EL-SAWAH

#### **Anesthesia**

- Amr SALAMA (Chair of the Department)
- Mohamed FSSAM
- Sama HODHOD
  - Fin FI-MARWA

- Mona SALEM
- Haitham SAFED

### **WORKSHOP BOARD**

#### **Course Director**

Ibrahim MOSTAFA

#### Course Co-Director

- Ayman ABD EL-AZIZ
- Ahmed EL-MIKKAWY
- Mohamed EL-KADY

#### **Course Organizers**

- Mohamed ABD FI-HAMID
- Mohamed EL-REFAI
- Mohamed LASHIN
- Hany EZZAT

Nahla ALI

- Mariam AHMED
- Mohamed Dewidar

## SUNDAY, DECEMBER 13, 2015 AL-RAJHY LIVER HOSPITAL - ASSIUT UNIVERSITY

#### **Course Director**

Hussein EL-AMIN

#### Co-Course Directors

- Sherif KAMEL
- Zain El-Abedeen SAYED
- Ehab FAWZY
- Esam ABDEL-MOHSEN

8

#### **Hospital Team**

### Organizing Committee

Wael ABBAS

#### **Gastroenterology Team**

- Hossam ABDFI-WAHAB
- Ahmed SHAWKAT
- Mohamed EL-REFAIE
- Mahmoud REFAAT

- Mohamed GHALION
- Reem F77AT
- Haydei KARAMALLA
- Abdel-Hamid MOHAMED

#### **EXECUTIVE BOARD OF ESTIP**

- Ahmed EL-GAREM President
- Helmy ABAZA Vice President
- Ibrahim MOSTAFA Secretary
- Hassan El-GAREM Assistant Secretary
- Maha TALAAT Treasure

# THURSDAY DECEMBER 10, 2015

09:30 - 11:00	Hands On Training Session (1)
---------------	-------------------------------

#### 11:00 - 11:30 **Opening Ceremony**

Ibrahim MOSTAFA Egypt WGO, WEO Marianna ARVANITAKI Belgium **ESGE** USA ASGE, ACG James MARION

Bahaa ABBAS Air Force Specialized Hospital Egypt Al-Rajhy Hospital – Assiut University Hussein EL-AMIN Egypt

**ESTIP** Ahmed EL-GAREM Egypt

11:30 - 13:30	Lectures Session (1) Emerging Paradigms in Liver Disease: Direct acting drugs, Antifibro	otics and More	
Chairpersons	<ul> <li>Sherif ABDEL-FATTAH</li> <li>Mohamed Kamal SHAKER</li> <li>Ahmed EL-GAREM</li> <li>Abdel-Ghany SOLIMAN</li> </ul>	■ Medhat EL-SA	HAR
11:30 - 11:50	The Liver Mirror of Health: a new Systems Medicine approach to Nonalcoholic Fatty Liver Disease	Ferruccio BONINO	Italy
11:50 - 12:10	Baveno VI; The Egyptian View	Ibrahim MOSTAFA	Egypt
12:10 - 12:30	Diagnostic and Treatment Paradigms for Autoimmune Hepatitis	Joost DRENTH	Netherland
12:30 - 12:50	Interferon-Free Therapy for Hepatitis C: The Hurdles Amid a Golden Era	Gamal ESMAT	Egypt
12:50 - 13:10	A New Dashboard for Personalized Care of Chronic HBV Infection and Disease	Ferruccio BONINO	Italy
13:10 - 13:30	An Update of Medical Management of NAFLD	Khaled SELIM	USA

# THURSDAY DECEMBER 10, 2015

13:30 - 14:00	Coffee Break		
14:00 - 16:00	Lectures Session (2) GI & Liver Diseases; Challenging the guidelines?		
Chairpersons	<ul> <li>Najet BEL HADJ (Tunis)</li> <li>Amr FATEEN</li> <li>Yehia EL-SHAZLY</li> <li>Majed NOSIR (Jordan)</li> </ul>	■ Taher EL-ZANA ■	TY
14:00 - 14:20	Early TIPS; Should We Do it?	Arnaud LEMMERS	Belgium
14:20 - 14:40	Diagnosis and management of polycystic liver disease	Joost DRENTH	Netherland
14:40 - 15:00	When do we dare to stop biological or immunomodulatory therapy for Crohn's disease?	James MARION	USA
15:00 - 15:20	Hepatocellular carcinoma; A stepwise management	Ashraf OMAR	Egypt
15:20 - 15:40	EUS in pancreatic solid masses	Majid AL MADI	KSA
15:40 - 16:00	Gastric Antral Vascular Ectasia: Do we have guidelines?	Mahmoud OMAR	Kuwait

16:00 - 17:00 **Lunch Break** 

# THURSDAY DECEMBER 10, 2015

17:00 - 18:00	Lectures Session (3) From IBD to Colorectal cancer (CRC); The return journey	,	
Chairpersons	<ul> <li>Yasser ABDEL-HALIM</li> <li>Abbas Ali GUMGUMJI (KSA)</li> <li>Maryam AL-KHATRY</li> <li>Mahmoud OSMAN</li> </ul>	(UAE) • Osman M. DUFLE (Somalia	)
17:00 - 17:20	CRC; The surgical Aspect.	Ahmed ABD EL-AZIZ Egypt	
17:20 - 17:40	Colorectal cancer in colitis: a relic of the past?	James MARION USA	
17:40 - 18:00	Individualization of treatment of metastatic CRC	Tamer EL NAHAS Egypt	

18:00 - 19:00	Lectures Session (4) GIT; Solved and Un-Solved problems		
Chairpersons	<ul> <li>Maisa EL RAZKY</li> <li>Yasser MAHROUS</li> <li>Mohamed EL-TAHER</li> <li>Hosny SALAMA</li> </ul>	<ul> <li>Alaa ISMAIL</li> </ul>	
18:00 - 18:20	EMR or Ablation; What should we do?	Daniel BLERO	Belgium
18:20 - 18:40	Enteral Access; What's possible and What's not possible?	Marianna ARVANITAKI	Belgium
18:40 - 19:00	Heartburn; it is not always GERD?	Suliman FEDAIL	Sudan

# FRIDAY DECEMBER 11, 2015

•—				<b>1</b> 2
•	09:30 - 11:00	Hands On Training Session (2)		
	11:00 - 11:45	Industry-Sponsored Symposium		
	11:45 - 13:30	Coffee Break		
	13:30 - 15:00	Lectures Session (5) Hot Topics in 2015		
	Chairpersons	<ul><li>■ Mahfouz AHMED</li><li>■ Gamal EL-EBEIDY</li><li>■ Ayman HASANIN</li><li>■ Hanan HOSNY</li></ul>	<ul><li>Reda EL-WAKEEL</li><li>Alaa SAYED</li></ul>	
	13:30 - 13:50	Endoscopic Management of GIT Bleeding; Do We have a Well- Structured Training?	Ivo BOSKOSKI	Italy
	13:50 - 14:10	Liver Transplantation in the Arab World.	Hatem KHALAF	Qatar
	14:10 - 14:30	EUS for Rectal Malignancy.	Assaad SOWEID	Lebanon
	14:30 - 14:50	Hepatic Focal Lesion ; The Roll of CEUS	Marc GIOVANNINI	France
	14:50 - 15:00	Session Discussion		
	15:00 - 15:30	Industry-Sponsored Symposium		
•	15:30 - 16:00	Industry-Sponsored Symposium		

# FRIDAY DECEMBER 11, 2015

K	16:00 - 17:00	Lunch Break		i i i i i i i i i i i i i i i i i i i
4	17:00 - 18:00	Lectures Session (6) The Black Boxes; Pancreas & Small bowel		
	Chairpersons	<ul> <li>Bahaa ABBAS</li> <li>Sherif MEGAWER</li> <li>Ali FARAG</li> <li>Eman ROWESHA</li> </ul>	<ul><li>Mohamed ISI</li><li>Ashraf ZAKI</li></ul>	MAIL
	17:00 - 17:20	Chronic Pancreatitis; What's New.	Marianna ARVANITAKI	Belgium
	17:20 - 17:40	Chromoendoscopy and Digital Mucosal Enhancement	James MARION	USA
	17:40 - 18:00	Enteroscopy; What are our limits?	Jorg ALBERT	Germany
K	18:00 - 19:30	Lectures Session (7) Figuring Out Fat - What is possible in Obesity Treatment?		
	Chairpersons	<ul> <li>Saadi BERKANE (Algeria)</li> <li>Ashraf OMAR</li> <li>Waleed EL-ESILY</li> <li>Zakaria SALAMA</li> </ul>	<ul> <li>Mohamed E</li> </ul>	L-LEITHY
	18:00 - 18:20	Endoscopic Management of Obesity; A Different Vision	Marc BARTHET	France
	18:20 - 18:40	<b>Clinical Rationale and Practical Application of Enteral Nutrition</b>	Enas MOGAWER	Egypt
	18:40 - 19:00	What is the Future of Restrictive Procedure for Obesity	Faheem BASSIONY	Egypt
	19:00 - 19:20	Endoscopic Suturing Devices; An update	Vincent HUBERTY	Belgium
	19:20 - 19:30	Session Discussion		
4	19:30 - 21:30	Industry-Sponsored Symposium		

# SATURDAY DECEMBER 12, 2015

			1
09:00 - 10:00	Hands On Training Session	(3)	
10:00 - 10:45	Industry-Sponsored Sympo	sium	
10:45 - 11:30	Industry-Sponsored Sympo	sium	
11:30 - 13:00 Live Endoscopy	Live Transmission (1) y will be video broadcasted fron	n Air Force Specialized Hospital to	the audients in Conrad Cairo Hotel
Chairpersons	<ul><li>Hossam ABDEL-LATIF</li><li>Alaa RADWAN</li></ul>	<ul><li>Ashraf ABU BAKR</li><li>Sameh SEIF EL-DIN</li></ul>	<ul><li>Abdulla AL-HASSANI (UAE)</li><li>Abdel-Moniem TAWFIK</li></ul>
Experts	<ul><li>Jorg ALBERT</li><li>Jacques DEVIÈRE</li><li>Ibrahim MOSTAFA</li></ul>	<ul><li>Marc BARTHET</li><li>Marc GIOVANNINI</li><li>Assaad SOWEID</li></ul>	<ul><li>Daniel BLERO</li><li>Michael HAEFNER</li></ul>
13:00 - 13:30	Coffee Break		
13:30 - 14:00	Industry-Sponsored Sympo	sium	
14:00 - 14:30	Industry-Sponsored Sympo	sium	

# SATURDAY DECEMBER 12, 2015

Assaad SOWEID

15

14:30 - 16:00 Live Transmission (2) Live Endoscopy will be video broadcasted from Air Force Specialized Hospital to the audients in Conrad Cairo Hotel Sameer AL-AWADHI (UAE) Mohie EL-SHAFIE Fatma MOURAD Chairpersons Mohamed Amin SAKR Esmat SHEBA Hesham Ali YEHIA Jorg ALBERT Marc BARTHET Daniel BLERO Jacques DEVIÈRE Marc GIOVANNINI **Experts** Michael HAFFNER

16:00 - 17:00 **Lunch Break** 

17:00 - 18:30 Hands On Training Session (4)

Ibrahim MOSTAFA



# SUNDAY DECEMBER 13, 2015

16

	09:30 - 11:00	Hands On Training Session (5)
--	---------------	-------------------------------

**Industry-Sponsored Symposium** 11:00 - 11:45

11:45 - 13:00 Live Transmission (3)

Live Endoscopy will be video broadcasted from (Al Rajhy Hospital - Assiut University) to the audients in Conrad Cairo Hotel

Chairpersons

**Experts** 

- Abdul-Rahman AL-JEBREEN (KSA)
- Moataz SEYAM
- Jorg ALBERT
  - Ivo BOSKOSKI
  - Ibrahim MOSTAFA

- Khaled EL-BASEL
- Avman YOUSRY
- Marianna ARVANITAKI
- Vincent HUBERT

- Magdy EL-SERAFY
- Daniel BLERO
- Arnaud LEMMERS

13:00 - 13:30 **Coffee Break** 









# SUNDAY DECEMBER 13, 2015

13:30 - 14:30	Lectures Session (8) How to Succeed in Endoscopy: The Story from the Champions					
Chairpersons	<ul> <li>Osama EBADA</li> <li>Waleed ABDEL-ATY</li> <li>Osama ABUL-FETOUH</li> <li>Ahmed SADEK</li> </ul>					
13:30 - 14:00	3:30 - 14:00 More than 30 years with ERCP; The story from the Champion		Belgium			
14:00 - 14:30	More than 30 years with EUS; The story from the Champion	Marc GIOVANNINI	France			

	L4:30 - 16:00 Live Transmission (4) Live Endoscopy will be video broadcasted from (Al Rajhy Hospital - Assiut University) to the audients in Conrad Cairo Hotel				
C	Chairpersons	<ul><li>Abdulmounem ABDO (Sudan)</li><li>Abu Bakr MOHIE EL-DIN</li></ul>	<ul><li>Sherif FAROUK</li><li>Mohsen SALAMA</li></ul>	<ul> <li>Ayman FOUAD</li> </ul>	
	Experts	<ul><li>Jorg ALBERT</li><li>Ivo BOSKOSKI</li><li>Ibrahim MOSTAFA</li></ul>	<ul><li>Marianna ARVANITAKI</li><li>Vincent HUBERT</li></ul>	<ul><li>Daniel BLERO</li><li>Arnaud LEMMERS</li></ul>	

16:00 - 17:00 **Lunch Break** 

17:00 - 18:30 **Hands On Training Session (6)** 

## **2015 ACKNOWLEDGMENT**

Biomedical Industry (BMI):

The biomedical industry and congress organization have defined a relationship, which reflects mutual commitment to support our event with high scientific value in terms of research and education.

## **PLATINUM SPONSORS** abbyie AstraZeneca Scientific Scientific FII J<mark>!</mark>FII M COOK Value from Innovation PENTAX **Janssen**



18





### **NEXT COURSES**

**DECEMBER 8-11, 2016** 

**DECEMBER** 7 - 10, 2017

**DECEMBER 13 - 16, 2018** 

#### **SCIENTIFIC COURSE DIRECTOR**

#### **IBRAHIM MOSTAFA**

State Merit Award in Medical Science MD, PhD, FACG, Master WGO, FRCP (Glasg)

Tel.: +20-12-22113466 / Fax: +20-2-23953822 e-mail: ibrahimmostafa@egyptgastrohep.com

### **OFFICIAL ORGANIZER OF THE CONGRESS**



53 El-Makrizy Street, Roxy, Doctors Tower, Cairo, Egypt
Tel. : +20 (2) 24532 916/17-Fax: +20 (2) 24 533 515
Mob. : +20 (10) 222 40 576 /+20 (10) 222 40 575
Email : info@alfamedical.org / alfa@alfamedical.org

WWW.ALFAMEDICAL.ORG

