

17th International Congress of
The Egyptian Society of
Rheumatology and Rehabilitation

EGYRRAR 2012

7-10 MARCH, 2012

DUSIT THANI LAKEVIEW, CAIRO HOTEL, NEW CAIRO,
90TH ST., CAIRO, EGYPT

UNDER PATRONAGE OF

H.E. PROF. HUSSEIN KHALID

(MINISTER OF HIGHER EDUCATION AND SCIENTIFIC RESEARCH)

H.E. PROF. FOUAD EL-NAWAWY

(MINISTER OF HEALTH)

PROF. KHAIRY ABDEL-DAYEM

(PRESIDENT OF EGYPTIAN MEDICAL SYNDICATE)

SCIENTIFIC PROGRAM

MISSION STATEMENT

The Aim is to provide a forum of the highest standards for scientific, educational and social exchange between professional in Rheumatology and Rehabilitation and members of the different organizations interested in musculoskeletal system in order to get the best achievement in awareness of updates in this field.

Board of the Congress Administration

Prof. Hassan EL-Shahaly

President of the Society and the Congress

Prof. Naglaa Gadalla

Vice President of the Congress

Prof. Mohamed Elwy

General Secretary of the Society

Prof. Samia Abdel-Moneim

Honorary Treasurer

Organizing Committee

| | |
|---------------------------------|-------------------------------|
| Prof. Hatem El-Ebiary | (Honorary Chairman) |
| Prof. Hassan EL-Shahaly | (President) |
| Prof. Hussein El-Moghazy | (Vice President) |
| Prof. Mohamed Elwy | (General Secretary) |
| Prof. Samia Abdul'Moniem | (Honorary Treasurer) |
| Prof. Samya Abdul'Hamied | (Scientific Relations) |
| Prof. Naglaa Gadallah | (Journal Editor in Chief) |
| Prof. Nagwa Nassar | (Journal Executive Editor) |
| Prof. Nehal El-Sheshtawy | (Education & Training) |
| Prof. Tharwat Afifi | (Executive Public Relations) |
| Prof. Aziza Omar | (Assistant General Secretary) |
| Dr. Amal Fathy | (Executive Web Site Editor) |

Advisory Board

| | |
|--------------------------------------|----------------------------------|
| Prof. Abdel-Aal Darwish | Prof. Hussein El-Moghazy |
| Prof. Abdel-Maguid El-Ashmawy | Prof. Maather Mahgoub |
| Prof. Abdel-Moneim Helal | Prof. Magdy Awadalla |
| Prof. Abdo El-Labban | Prof. Mohamed Ezz El-Din |
| Prof. Adel El-Beyaly | Prof. Mohamed Ismail |
| Prof. Ali Edeeb | Prof. Mohamed Reda Awad |
| Prof. Amany Aboul-Soud | Prof. Nagat El-Gazar |
| Prof. Amir Yousef | Prof. Nihal Fathy |
| Prof. Atef El-Ghaweet | Prof. Reda Awad |
| Prof. Fathy El-Batouty | Prof. Salah Hawas |
| Prof. Fatma Kamel | Prof. Seif El-Din Farag |
| Prof. Fawkia Morsy | Prof. Sonia Rashad |
| Prof. Gamal Abdel-Metaal | Prof. Tarek Shafshak |
| Prof. Hassan Bassiouni | Prof. Taysier Khidre |
| Prof. Hisham Hamoud | Prof. Waheed Antar Sultan |

► Message From The President Of The Congress And Society ◀

Dear Colleagues,

The next EGYRAR Annual Egyptian Congress of Rheumatology and Rehabilitation will take place from the 7th of March to 9th of March 2012 in Cairo. The annual EGYRAR will be different this year as we are going to stress more on research works and difficult cases of Rheumatology and Rehabilitation to enhance and promote quality of performance toward our patients. The meeting will provide a unique occasion for the exchange of scientific and clinical information,



HASSAN EL-SHAHALY, MD
President of EGYRAR

and will facilitate interactions between Rheumatologists, Physiatrists and professionals representing the pharmaceutical industry in EGYPT.

The rapid growth of the EGYRAR Congress in terms of the number of participants and the quality of the presentations reflects the increased interest in arthritis and in the musculoskeletal disabilities seen in many societies. This has been allied to a realization of the size of the burden of these diseases and an improved ability to diagnose and significant advances in the ability to treat them and giving them the best lines of rehabilitation. The alliance between Rheumatologists and physiatrists by EGYRAR has been a considerable stimulus for these advances.

The EGYRAR Congress 2012 in Cairo will cover a wide range of topics including clinical updates in both fields PM & R and Rheumatology as well as basic science related to the diseases of these entities. In addition there will be meetings organized by the health care industry. The heart of the Congress will be the research works with their intense interactions between participants. Added to this the great State of Art lectures from the best speakers of our region as well as from EUROPE

We have great pleasure in welcoming Physiatrists, Rheumatologists and Orthopedics and neurosurgeons in participating in this big event to share with each other the ideas about updates of this field of medicine

Program of EGYRAR 2012

Day I, March 7th, 2012

Session I

(3:00 - 6:00) PM

Chairpersons:

Prof. Abdu El-Labban
Prof. Samia Abdel-Moniem
Prof. Ola Ragab
Prof. Nagla Gadalla

- 3:00-3:45 Prof. Kamel Heshmat**
(Cairo University-EGYPT)
Updated review on RA
- 3:45-4:30 Prof. Mohamed Abdel Hafeiz**
(Maadi Military Medical Hospital-EGYPT)
Updates in SLE; Clinical review
- 4:30-5:15 Prof. Hassan Bassiouny**
(Al-Azhar University-EGYPT)
Updates on OA; Clinical review
- 5:15-6:00 Prof. Hisham Hamoud**
(Al-Azhar University-EGYPT)
Spondyloarthropathies; Updated review
- 6:00-6:15 Break**

Session II
(6:15 - 9:30) PM

Chairpersons:

Prof. Fawkia Morsy

Prof. Reda Awad

Prof. Magdy Awadalla

Prof. Nagwa Nassar

6:15- 6:55 Prof. Naglaa Gadalla
(Ain Shams University-EGYPT)
Electrodiagnosis; Updated review

6:55-7:35 Prof. Nagwa Nassar
(Ain Shams University-EGYPT)
Updates on electrotherapy

7:35- 8:15 Prof. Tarek Shafshak
(Alexandria University-EGYPT)
Gait training

8:15-8:55 Prof. Rana El-Helaly
(Ain Shams University-EGYPT)
Orthotics; Updated review

9:00-9:30 Opening ceremony

Day II, March 8th, 2012

Session III
(9:00 - 10:30) AM

Chairpersons:

Prof. Tharwat Afifi
Prof. Nagat El-Gazzar
Prof. Amany Abul-Soud
Prof. Dia Mohaseb

9:00-9:15 Prof. Abdel-Samad El-Hawala
 (Zagazig University-EGYPT)
Fibromyalgia syndrome: Misunderstood and complex

9:15-9:30 Prof. Yasser Fekry
 (Cairo University- EGYPT)
CNS involvement in fibromyalgia syndrome: How far we reached?

9:30-9:45 Prof. Tarek Shafshak
 (Alexandria University- EGYPT)
Extracorporeal shock wave therapy in the field of rheumatology

9:45-10:00 Dr. Jehan Omar
 (Menia University- EGYPT)
Cutaneous manifestations in relation to articular and cardiac involvement in psoriatic arthritis

10:00-10:15 Discussion

10:15-10:30
Symposium [Eva Pharm] ►




Session IV
(10:30 – 12:00)

Chairperson

Prof. Samia Fadda
Prof. Hassan El-Shahaly
Prof. Aly Yousef
Prof. Aziza Omar

- 10:30-10:45** **Prof. Mohamed Salah Abdel Baky**
(Ain Shams University-EGYPT)
**Management of SLE cases with
antiphospholipid syndrome**
- 10:45-11:05** **Prof. Abdu El-Labban**
(Menia University-EGYPT)
Psoariatic arthropathy
- 11:05-11:20** **Prof. Mohamed Abdel-Hafiz**
(Maadi Military Hospital- EGYPT)
Pearls & myths in Adult onset Still's disease
- 11:20-11:35** **Prof. Adel Mahmoud**
(Ain Shams University-EGYPT)
**ACPA +ve & ACPA -ve RA: Are they two
different syndromes?**
- 11:35-11:50** **Prof. Abdel-Azim El-Hefny**
(Ain Shams University-EGYPT)
Management of rheumatoid vasculitis
- 11:50-12:00** **Discussion**
- 12:00-12:15** **Coffee Break**

12:15:13:00

Symposium [Novartis] ►  **NOVARTIS**

Session V (13:00 - 14:00)

Chairperson:

Prof. Samir El-Badawy
 Prof. Abdel-Samad El-Hawala
 Prof. Amira Abdel-Sabour Shahin
 Prof. Dalia Abdel-Mohsen

- | | |
|--------------------|---|
| 13:00-13:15 | Prof. Abdel-Meguid El-Ashmawy (Azhar University- Egypt) Introduction to juvenile idiopathic arthritis |
| 13:15-13:30 | Prof. Amira Shahin (Cairo University- EGYPT) Management of hepatitis C |
| 13:30-13:45 | Prof. Dalia Fayez (Ain Shams University-EGYPT) Juvenile lupus nephritis |
| 13:45-14:00 | Discussion |

Session VI
(14:00 - 15:30)

Chairperson:

Prof. Magdy Awadalla
Prof. Waheed Sultan
Prof. Tarek Shafshak
Prof. Salah Hawas

- 14:00-14:15 Dr. Mona Ghaly**
(Suez Canal University-Egypt)
Transcutaneous electrical nerve stimulation (TENS) of cervical nerve (C2) for the modulation of cervicogenic tinnitus
- 14:15-14:30 Prof. Aziza Omar**
(Suez Canal University-Egypt)
The assessment of the effect of chest rehabilitation on pulmonary function and quality of life on children with bronchial asthma
- 14:30-14:45 Prof. Hassan El-Shahaly**
(Suez Canal University-Egypt)
Proton pump inhibitors; are they risk factors for osteoporotic fractures?
- 14:45-15:00 Prof. Amir Yousef**
(Mansoura University-Egypt)
Pulmonary involvement in R A
- 15:00-15:15 Prof. Nihal Fathy**
(Sohag University-EGYPT)
Registry and clinical trials
- 15:15-15:30 Discussion**

15:30-16:00

Symposium [Janssen-Cilag] ►



JANSSEN-CILAG
FARMACÊUTICA

16:00 Lunch

17:00-19:00

Workshop I: [Ultrasonography for Rheumatologists]

Day III, March 9th, 2012

Session VII
(9:00 - 10:30)

Chairperson

Prof. Nihal Fathy
Prof. Nihal El-Sheshtawy
Prof. Tayseer Kheidr
Prof. Seif El-Din Farag

- 09:00-09:15** **Prof. Hussein Sultan**
(Alexandria University-EGYPT)
Saphenous nerve entrapment at the pes anserine bursa: A possible etiology for persistent symptoms in patients with knee osteoarthritis
- 09:15-09:30** **Dr. Mahmoud Fathallah**
(Ain Shams University- EGYPT)
Higher efficacy of constraint induced movement therapy versus conventional rehabilitation therapy in acute stroke patients
- 09:30-09:45** **Prof. Dia Mehasib**
(Alexandria University- EGYPT)
Rehabilitation of the patient with traumatic brain Injury
- 09:45-10:00** **Prof. Abdel-Shafi Ahmed Hasseib**
(Al-Azhar University-EGYPT)
Inflammatory back pain; Early diagnosis and new treatment
- 10:00-10:15** **Prof. Reda Awad**
(El-Agoza Rehabilitation Center-EGYPT)
Interventional rehabilitation of low back pain
- 10:15-10:30** **Discussion**

DAY III, MARCH 9TH, 2012 (SESSION VII)

Session VIII (10:30 - 11:45)

Chairpersons:

Prof. Hassan Bassiuny
Prof. Amir Yousef
Prof Reda awad
Prof. Aly El-Deeb

- 10:30-10:45** **Prof. Aly El-Deeb**
(Tanta University-EGYPT)
Clinical correlation of rheumatoid arthritis and osteoarthritis activity to ultrastructural characteristics of synovial fluid effusion cells
- 10:45-11:00** **Dr. Soha El-Desouqy**
(Ain Shams University-Egypt)
Serum leptin concentration, bone mineral density and bone biochemical markers in a sample of Egyptian women: A possible relationship
- 11:00-11:15** **Dr. Fatima El-Shabasi**
(Banha educational hospital-Egypt)
Case presentation
- 11:15-11:30** **Prof. Dalia Abdel-Mohsen**
(Ain Shams University – EGYPT)
Emergency in rheumatic diseases
- 11:30-11:45** **Discussion**
- 11:45-13:00** **Break and Praying time**
- 13:00-13:45**

Symposium [Abbott] ►



Abbott

Session IX

(13:45 - 14:45)

Chairpersons:

Prof. Mohamed Ezz El-Din
Prof. Husein El-Moghazy
Prof. Samia Abdel-Hamid
Prof. Sonia Rashad

- 13:45-14:00** **Dr. Khalid Gad**
(Suez Canal University-Egypt)
Imaging of brachial plexus injuries
- 14:00-14:15** **Dr. Mostafa Sayed**
(Suez Canal University-Egypt)
Ultrasound- Guided facet joint block
- 14:00-14:15** **Dr. Hanan Hamdi**
(Red Crescent Hospital-Egypt)
Case presentation
- 14:30-14:45** **Discussion**

Session X (14:45 - 15:45)

Chairpersons:

Prof. Mohamed Salah Abdel-Baky

Prof. Adel El-Beyaly

Prof. Adel Mahmoud

Prof. Mohamed Ismail

- 14:45-15:00 Prof. Mohamed Ismail**
(Al-Azhar University-Assiut-Egypt)
Multimodal neurophysiological and
psychometric evaluation among patients with
systemic lupus Erythematous
- 15:00-15:15 Prof. Medhat El-Shafei**
(Ain Shams University-EGYPT)
Iatrogenic Lupus in the era of biologic therapy
- 15:15-15:35 Prof. Frank Passeler**
(Germany)
Anti Phospholipid Syndrome, Updates
- 15:35-15:45 Discussion**

15:45-16:30

Symposium [BMS] ➤  Bristol-Myers Squibb

Closing Ceremony

17:30-19:00

Workshop on Electrodiagnosis